

TIDE SCHEDULE 2023



How to read this tide table:

This table shows **low tide** times for each day in the 2023 season, in 24-hour clock format. To explore the ocean floor safely, time your visit as close to low tide as possible. There are two low tides daily; it is **safe to access the ocean floor up to three hours before and after each low tide time.**

To appreciate the true range of the world's highest tides, try to come back and see high tide! High tide each day is 6 hours after low tide. You can check precise high tide times and their predicted heights on the Government of Canada's website: <https://tides.gc.ca/en/stations/00270>

The highest tides in the world can be dangerous. As the tide is coming back in, please be mindful to be back on dry land with plenty of time to spare; the water can rise 1 inch per minute and surround you very quickly on the mud flats. Burntcoat Head Park's lighthouse gift shop and washrooms are open from 9am to 5pm daily. The park is accessible after hours at your own risk.

MAY 2023		
DATE	LOW TIDE (A.M.)	LOW TIDE (P.M.)
5/1/2023	4:20	16:48
5/2/2023	5:13	17:37
5/3/2023	6:02	18:24
5/4/2023	6:48	19:09
5/5/2023	7:33	19:53
5/6/2023	8:17	20:36
5/7/2023	9:01	21:18
5/8/2023	9:46	22:02
5/9/2023	10:32	22:49
5/10/2023	11:21	23:40
5/11/2023	12:14	0:37
5/12/2023	1:00	13:13
5/13/2023	1:41	14:17
5/14/2023	2:47	15:22
5/15/2023	3:53	16:25
5/16/2023	4:55	17:23
5/17/2023	5:52	18:16
5/18/2023	6:45	19:07
5/19/2023	7:35	19:54

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BURNTCOAT HEAD PARK

Access the ocean floor safely three hours before and after each low tide.

DATE	LOW TIDE (A.M.)	LOW TIDE (P.M.)
5/20/2023	8:21	20:38
5/21/2023	9:05	21:21
5/22/2023	9:47	22:02
5/23/2023	10:28	22:42
5/24/2023	11:08	23:22
5/25/2023	11:48	0:04
5/26/2023	00:04	12:31
5/27/2023	00:50	13:19
5/28/2023	1:40	14:10
5/29/2023	2:34	15:04
5/30/2023	3:31	15:59
5/31/2023	4:27	16:53
JUNE 2023		
6/1/2023	5:22	17:46
6/2/2023	6:14	18:36
6/3/2023	7:05	19:25
6/4/2023	7:55	20:13
6/5/2023	8:44	21:00
6/6/2023	9:32	21:48
6/7/2023	10:20	22:37
6/8/2023	11:09	23:29
6/9/2023		12:09
6/10/2023	00:25	12:56
6/11/2023	1:24	13:55
6/12/2023	2:25	14:56
6/13/2023	3:27	15:56
6/14/2023	4:28	16:54
6/15/2023	5:26	17:49
6/16/2023	6:21	18:42
6/17/2023	7:13	19:31
6/18/2023	8:00	20:17
6/19/2023	8:44	20:59
6/20/2023	9:25	21:40
6/21/2023	10:04	22:17
6/22/2023	10:41	22:54
6/23/2023	11:18	23:32

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DATE	LOW TIDE (A.M.)	LOW TIDE (P.M.)
6/24/2023	11:56	
6/25/2023	0:13	12:37
6/26/2023	0:58	13:24
6/27/2023	1:49	14:16
6/28/2023	2:44	15:12
6/29/2023	3:44	16:11
6/30/2023	4:44	17:09

JULY 2023

7/1/2023	5:44	18:07
7/2/2023	6:41	17:01
7/3/2023	7:36	19:54
7/4/2023	8:27	20:45
7/5/2023	9:17	21:35
7/6/2023	10:05	22:25
7/7/2023	10:53	23:15
7/8/2023	11:42	
7/9/2023	0:07	12:34
7/10/2023	1:01	13:28
7/11/2023	1:57	14:26
7/12/2023	2:57	15:25
7/13/2023	3:59	16:24
7/14/2023	5:00	17:22
7/15/2023	5:58	18:18
7/16/2023	6:51	19:09
7/17/2023	7:39	19:56
7/18/2023	8:22	20:38
7/19/2023	9:02	21:16
7/20/2023	9:39	21:52
7/21/2023	10:13	22:26
7/22/2023	10:47	23:01
7/23/2023	11:22	23:39
7/24/2023		12:00
7/25/2023	0:22	12:44
7/26/2023	1:10	13:35
7/27/2023	2:04	14:32

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DATE	LOW TIDE (A.M.)	LOW TIDE (P.M.)
7/28/2023	3:06	15:34
7/29/2023	4:13	16:38
7/30/2023	5:19	17:42
7/31/2023	6:21	18:42
AUGUST 2023		
8/1/2023	7:18	19:38
8/2/2023	8:10	20:30
8/3/2023	8:59	21:20
8/4/2023	9:47	22:08
8/5/2023	10:33	22:56
8/6/2023	11:20	23:44
8/7/2023		12:08
8/8/2023	0:34	12:59
8/9/2023	1:28	13:53
8/10/2023	2:27	14:52
8/11/2023	3:30	15:54
8/12/2023	4:33	16:56
8/13/2023	5:32	17:54
8/14/2023	6:26	18:46
8/15/2023	7:14	19:32
8/16/2023	7:57	20:13
8/17/2023	8:35	20:49
8/18/2023	9:10	21:24
8/19/2023	9:43	21:57
8/20/2023	10:16	22:32
8/21/2023	10:51	23:10
8/22/2023	11:28	23:51
8/23/2023		12:11
8/24/2023	0:38	13:01
8/25/2023	1:33	13:59
8/26/2023	2:37	15:04
8/27/2023	3:48	16:14
8/28/2023	4:57	17:22
8/29/2023	6:01	18:24
8/30/2023	6:58	19:21
8/31/2023	7:50	20:13

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DATE	LOW TIDE (A.M.)	LOW TIDE (P.M.)
SEPTEMBER 2023		
9/1/2023	8:39	21:01
9/2/2023	9:25	21:48
9/3/2023	10:10	22:33
9/4/2023	10:54	23:19
9/5/2023	11:40	
9/6/2023	0:07	12:28
9/7/2023	1:00	13:21
9/8/2023	1:56	14:21
9/9/2023	2:59	15:24
9/10/2023	4:03	16:28
9/11/2023	5:03	17:26
9/12/2023	5:56	18:18
9/13/2023	6:43	19:03
9/14/2023	7:25	19:43
9/15/2023	8:03	20:20
9/16/2023	8:38	20:55
9/17/2023	9:13	21:30
9/18/2023	9:47	22:06
9/19/2023	10:23	22:45
9/20/2023	11:02	23:27
9/21/2023	11:45	
9/22/2023	0:15	12:35
9/23/2023	1:11	13:35
9/24/2023	2:17	14:43
9/25/2023	3:28	15:55
9/26/2023	4:37	17:04
9/27/2023	5:39	18:06
9/28/2023	6:36	19:01
9/29/2023	7:28	19:52
9/30/2023	8:16	20:40
OCTOBER 2023		
10/1/2023	9:01	21:26
10/2/2023	9:45	22:10
10/3/2023	10:29	22:55
10/4/2023	11:13	23:41

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10/7/2023	1:25	13:49
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10/10/2023	4:25	16:50
10/11/2023	5:18	17:41
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